

Start saving today

Enroll online at
www.healthylife.optumhealthallies.com
or call **1-800-377-0263**.

Resources to keep you healthy

- Online Marketplace offering savings on health supplies, vitamins, fitness apparel, spa treatments and much more
- Free 24-hour NurseLine for answers to your health questions
- Talk to a doctor anytime at discounted rates
- Complete online medical reference site
- Valuable wellness programs, tools and calculators
- E-newsletter with tips and special offers

Easy to use, easy to save

- More than 500,000 participating health care professionals nationwide
- Easy provider look-up online or by telephone
- No referrals required; no claim forms to submit
- One low fee pays for membership for you and your family.
- Guaranteed savings! Save at least the minimum amount advertised or OptumHealth Allies will refund the difference**

***Does not apply to pharmacies or hospital care*

OptumHealthSM
Allies

OptumHealthSM
Allies

Health Discount Program
Affordable family health care.





Would you like to save 10 to 50 percent on many health care purchases for you and your family? It's easy, when you enroll in the OptumHealthSM Allies health discount program!

OptumHealth Allies is not insurance. It's a discount program that can help make health care more affordable by offering reduced rates on hundreds of health care services from participating health care professionals and facilities.

By visiting a OptumHealth Allies provider, you can save on medical care, prescription drugs, vision and dental care, and much more.

OptumHealth Allies is ideal for those who:

- Want to save on dental, vision, alternative care, prescription drugs and many other health and wellness services that may not be covered by their insurance plan
- Do not have access to employer-sponsored benefits
- Are not eligible for or cannot afford an insured plan

Why pay full price, when you can save with OptumHealth Allies!

Save on all this and more:

Medical care

- 300,000 provider locations and 50,000 facilities nationwide
- Save 15-35% on primary care doctors and specialists, 20-60% on diagnostic tests, and 15-25% on rehabilitation and physical therapy.
- Save 5-20% on hospitals and outpatient clinics (Note: You must call OptumHealth Allies Customer Care to help arrange your discount in advance).*

*Hospital discounts are not available in Maryland and other states where prohibited by law.

Prescription Drugs

- Savings on all commonly prescribed medications.
- Save an average of 20% at 60,000 retail pharmacies, including most popular drug and supermarket chains; and 50% when you use the mail order service for long-term prescriptions.

Dental care

Save 10-35% on routine dental care such as cleanings, fillings and X-rays, as well as on root canal, crowns, gum treatment, oral surgery, orthodontics, and other dental specialties. And, get the smile you always wanted with savings on cosmetic treatments such as teeth whitening and veneers.

Vision care

- Pay no more than \$40 for an annual eye exam.
- Save 20% on frames, lenses and options; 10-20% on contact lens professional fees; and get the lowest prices on contacts by mail.
- Save 15% (or 5% off promotional rates) on laser vision correction.

Complementary and alternative care

Get relief for a host of conditions with acupuncture, chiropractic treatment, massage therapy and natural medicine, at a savings of 20%.

Wellness programs

Get healthy with savings of 10-50% on fitness clubs, "stop smoking" programs, weight loss, nutrition and more.

Long-term care services

You'll save 5% on assisted living, 5-15% on nursing homes, and 5-30% on home health care and other services for yourself and your family—including parents, in-laws and grandparents.

Hearing care

Save on hearing aids from 26 different manufacturers from a network of independent audiologists, hearing aid dispensers, universities and hospitals. Pay the lower of 30% off MSRP or \$300 off usual & customary charges on the total purchase, and get free quarterly adjustments, yearly screenings, batteries (two packages per quarter) and more.

Infertility treatment

Save 5-20% on services to help couples conceive. Low-cost packages, refund guarantees and financing may be available for qualified members.

Behavioral health

Get help coping with life's challenges, with discounts on counseling, psychology and addiction treatment. Save 15-35% on practitioners and 15-25% on facilities.

OptumHealthSM Allies is administered by HealthAllies[®], Inc., a discount medical plan organization located at 505 N. Brand Blvd., Suite 850, Glendale, CA, 91203, 1-800-377-0263. **OptumHealth Allies is NOT insurance.** OptumHealth Allies provides discounts at certain health care providers for medical services. OptumHealth Allies does not make payments directly to the providers of medical services. The program member is obligated to pay for all health care services but will receive a discount from those health care providers who have contracted with the discount plan organization.

You may cancel at any time. If you cancel within 30 days of enrollment (within 30 days of receipt of membership materials for residents of CO, IN, MO, MT, ND, OH, OK, SC, and SD), you will receive a full refund. (The application fee is not refundable except in AR, CO and TN.) Note to Utah residents: This contract is not protected by the Utah Life and Health Guaranty Association. The program and its administrators have no liability for providing or guaranteeing service or the quality of service rendered.